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AİLE HEKİMLERİ DERNEKLERİ
FEDERASYONU
2008



TRAHED
TRABZON AİLE HEKİMLERİ DERNEĞİ



GLOBAL MIGRAINE & PAIN SOCIETY



9th MENA Meeting

5th Turkish African Meeting of Headache and Pain Management

01 – 03 November 2024, İstanbul

Acibadem University

www.globalmigraine-pain.com





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Welcome Letter

Dear colleagues,

This year, as GMPS, we would like to meet you with a brand new concept at the 9th MENA and 5th Turkish-African Joint Headache Conference. We want to develop our research vision with an applied statistics course that will reinforce our basic statistical knowledge. Then let's listen to current headache information from IHS presidents and leading lecturers in the field with an interactive and innovative programme. Let's personally experience this knowledge on models with the course on interventional headache applications.

Afterwards, let's not just talk about the holistic approach in headache, let's learn and experience one-to-one from the relevant experts in focused, interactive courses. That is why we are very excited to invite you to this comprehensive programme with 3 applied courses and to witness the merging of cultures and neurons in the geography of Istanbul that unites continents.

We hope that you will share our enthusiasm and make an effort to make a place for this programme in your agenda.
We hope to meet you at the intersection of cultures and knowledge...

Prof. Dr. Pınar Yalınay Dikmen
Scientific secretariat

Dr. Samiye Ulutaş
Scientific secretariat

Doç. Dr. Nil Tekin
In the Name of TAHUD

Dr. Hakan UZUN
President of Trabzon Family Medicine Association
Congress Co-President

Prof. Dr. Aynur ÖZGE
President of the Global Migraine and Pain Association
Congress Co-President



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General Information

Scientific Association : Global Migraine and Pain Society
Congress Date : November 1-3, 2024
Venue : Acıbadem University
Congress Chairman : Prof. Aynur Özge
Congress Website : www.globalmigraine-pain.com

Organizing Board

Collaborating with
IHS, LTB, MENAA-Headache Society, TAHUD, AHEF, ...

Congress Organising Committee:

Aynur Özge- Chair (On behalf of the GMPS and MENA-A Headache Society)
Derya Uludüz- Chair (On behalf of the LTB)
Hakan Uzun- Chair (On behalf of the AHEF)
Nil Tekin- Chair (On behalf of TAHUD)
Pınar Yalınay Dikmen – Chair (On behalf of the Acıbadem University)

Scientific Secretariat:
Samiye Ulutaş

Scientific Committee

Amr Hassan
Aynur Özge
Bahar Taşdelen
Betül Baykan
Bilge Çınar Piri
Derya Uludüz
Dilara Onan
Doğa Vurallı
Esmek Ekizoğlu
Füsün Mayda Domaç
Hakan Uzun
Halil Çetingök

Jasem Al Hashel
Zeynep Tuncer
Licia Grazi
Mansoureh Togha
Mario Peres
Merve Ceren Akgör
Mohamed A.S. Kamil
Najib Kissani
Nevra Öksüz
Nil Tekin
Ömer Karadaş
Pınar Yalınay Dikmen

Rahşan Karacı
Ramez Reda Moustafa
Reyhan Özgöbek
Samiye Ulutaş
Sarkan Amirguilev
Yakub Ntandaiti



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Scientific Program

November 1, 2024

- 13.30-15.00 APPLIED BIOSTATIC COURSE (HALF DAY) (max: 70-100 attendees)**
How we Should Design a Clinical Headache Study?
Betül Baykan
STATISTIC COURSE- Level 2:
Bahar Taşdelen

November 2, 2024

09.00-09.15 Introduction and Opening Remarks

09.15-10.30 TAILORED MANAGEMENT OF MIGRANE

Panel 1: Practical Clues in Evidence-Based Diagnosis of Migraine:

Moderators: Derya Uludüz, Amr Hassan

Each Session Will be 15 Minutes.

09.15-09.30 Taking History – Nevra Öksüz Gürten, Türkiye

09.30-09.45 Practical Tips for Examination- Esmé Ekizoğlu, Türkiye

09.45-10.00 When or Which Diagnostic Method? - Amr Hassan, Egypt

10.00-10.15 Referring Case to Headache Center – Rahşan Karacı, Türkiye

10.55-10.30 QA

10.30-11.00 Coffee Break

11.00-12.30 Panel 2: Current and Novel Therapies of Migraine (Sustainable Solutions)

11.15-11.45 Effective Attack Management- Doğa Vuralı, Türkiye

11.45-12.15 Effective Preventive Management – Ramez Reda Moustafa, Egypt

12.15-12.45 Effective Interventional Management – Mansoureh Togha, Iran

12.45-13.00 QA

12.30-13.30 Lunch



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Scientific Program

13.30-14.00 Special Session: Autoimmune Mechanism-Based Headaches and Facial Pains

Bilge Çınar Piri, Türkiye

14.30-14.45 QA

14.45- 16.00 Panel 3: From Bench to Bedside: Navigating the Transformative Journey of Migraine Drug Development to Patient Quality of Life:

Moderators: Derya Uludüz, Aynur Özge

14.45- 15.15 Centered Approaches in Migraine Treatment: Integrating Clinical Research with Patient Needs or The Evolution of Migraine Treatment Paradigms: From Traditional to Novel Therapies

Simona Sacco

15.15-15.45 Clinical Perspectives: Navigating the Introduction of a New Drug to the Market and its Seamless Integration into Patient Care

Mario Peres, Brazil

15.45- 16.00 QA

16.00-16.30 Coffee Break

16.30-18.30 WORKSHOP: Interventional Procedure Course (Model Based) (Max: 100)

4 station for;

- **GON-LON – Supratrochlear - Supraorbital- Blocks:** Ömer Karadaş, Türkiye

- **Trigger Point/ SPG:** Zeynep Tuncer, Türkiye

- **BOTOX:** Pinar Yalınay Dikmen, Türkiye

- **USG Guided Interventions:** Halil Çetingök, Türkiye



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Scientific Program

November 3, 2024

HALL B

09:30-12:30 Oral Presentations

Moderators: Füsün Mayda Domaç, Esmé Ekizoğlu

HALL A

09.30-11.00 Panel 4: Challenged Country-Based Problems and Solutions:

Moderators: Mario Peres, Aynur Özge, Derya Uludüz

- **Gulf Region:** Jasem Al Hashel, Kuwait
- **North Africa:** Najib Kissani, Morocco
- **Middle East:** Mohamed A.S. Kamil, Iraq
- **Sub-Saharan Africa:** Yakub Ntandaiti, Nigeria
- **Turkic Countries:** Sarkan Amirguilev, Azerbaijan

11.00.-12.30 Lunch

13.30-15.00 HOLISTIC APPROACH TO PAIN COURSE (max: 100 attendees; 50 in Each Room and Turn)
Case-Based Workshops (15 Minutes Case+ 45 Minutes Discussion) 2 Case Each Session

13.30-14.45 LIFE STYLE REGULATIONS

Moderator: Hakan Uzun, Nil Tekin, Medical Directories; Türkiye

- Sleep Supplementation's
- Nutrition, Supplements
- Pathways of Triggers and Management
- Effective Follow-Up

14.45 -15.30 PHYSICAL AND MENTAL RELAXATION

Moderator: Samiye Ulutaş, Reyhan Özgöbek, Türkiye

Licia Grazi, Italy: Biofeedback, Mindfulness (Preregistered, virtual)

Dilara Onan, Türkiye: Neck Mobility and Exercise

Reyhan Özgöbek, Türkiye: Yoga, Pilates

Samiye Ulutaş: Mindfulness-Based Relaxation

15.30-16.00 Key messages and closing remarks

Merve Ceren Akgör, Türkiye Aynur Özge, Türkiye



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Registration & Accommodation Fees

REGISTRATION	EARLY BIRD FEE Before August 16, 2024	STANDARD FEE After August 16, 2024
CONGRESS REGISTRATION FEE (For 3 days)	10.000 TL 300 USD	12.500 TL 375 USD
01.11.2024 REGISTRATION FEE	2.500 TL 80 USD	3.500 TL 105 USD
02.11.2024 REGISTRATION FEE	7.000 TRY 215 USD	8.500 TL 250 USD
03.11.2024 REGISTRATION FEE	2.500 TL 80 USD	3.500 TL 105 USD

ACCOMMODATION	SINGLE ROOM August 16, 2024 Before / After	DOUBLE ROOM August 16, 2024 Before / After
HILTON ISTANBUL KOZYATAGI	20.000 / 22.500 TRY 550 USD / 600 USD	24.000 / 26.000 TRY 700 USD / 850 USD
RADISSON BLU HOTEL, ISTANBUL ASIA	20.000 / 22.500 TRY 550 USD / 600 USD	24.000 / 26.000 TRY 700 USD / 850 USD

TRANSFER	Shared BUS	Private VITO
Airport-Hotel-Airport	250 TRY / 8 USD	4.000 TRY / 120 USD

Registration Fee Includes

- Access to GMPS 2024 main scientific program.
- Participation in all scientific programs and fairgrounds.
- Lunch and coffee breaks included in the program.
- Congress materials, program, badge, attendance, certificate, etc.
- All mentioned prices are in TRY, per person and excluding VAT 20%.

Accommodation Fee Includes

- 3 nights accommodation for November 1-3, 2024
- Including breakfast
- Check-in time is 15:00 and the Check-out time is 14:00 hrs.
- All mentioned prices are in TRY, per night / per person and excluding VAT 12%.

Payment and Confirmation Information

- Please ensure that the name of the participant is stated on the bank transfer.
- Bank charges are the responsibility of the participant and should be paid at the source in addition to the registration fees.
- Registration will only be valid upon receipt of the full payment according to the deadline indicated.
- Full payment is required to confirm your reservation. If you do not complete full payment of your accommodation reservation in 7 days, your reservation will be canceled automatically.
- After full payment is received, the congress secretariat will send a confirmation letter to your e-mail with all the details of your accommodation.
- If you do not receive to confirmation letter please contact the Congress Secretariat (Ethicon Congress Events Company).
- If you make your payment through bank transfer, please send a copy of your bank receipt to the congress secretariat so that the congress secretariat can track your payment and confirm your reservation.

Cancellation Policy for Registration and Accommodation

- All paid registration services canceled before August 16, 2024, are 50% refundable.
- There will be no refunds for cancellations made after August 16, 2024.
- All cancellation requests must be made in writing to the congress secretariat (Ethicon Congress Events Company) and are only valid after acknowledgment by the Congress Secretariat.
- All refunds will be executed after the end of the congress in November 2024.



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Sponsorship Opportunities

SATELLITE SPONSORSHIP

75.000 TRY *

- The sponsor company will be allowed a presentation by a physician of their choice at the main hall in a timeframe authorised by the association
- Company logo placement next to the congress times at the scientific program
- Inclusion of company's brochure and promotional materials in the congress bag
- Distribution and keeping of company's congress promotional materials at venue entrance during the congress
- Use of the technical equipment located at the main hall during the satellite congress

WORKSHOP SPONSORSHIP

100.000 TRY *

- A workshop of 30-50 pax from 14:00 to 18:00 in a special hall reserved to the company on the opening day of the congress.
- All technical equipment (barco, curtain, sound system, microphone, flipchart) used in the hall
- Complementary tea/coffee to be offered during the workshop
- Workshop training program with the company logo on congress website
- Use of materials with the company logo at the hall

CONGRESS BAG SPONSORSHIP

65.000 TRY *

- Company logo on the inside of the congress bags to be handed out to all participants upon registration.
- Inclusion of company's congress advertisements and relevant product brochures in the bag.
- Inclusion of pens and notepads carrying the company logo in the bag.

BADGE SPONSORSHIP

20.000 TRY *

- Company logo on badges to be handed out to all participants upon registration. (Available to 1 company)
- Company/product logo badge strap to be handed out to all participants upon registration.

POCKET PROGRAM SPONSORSHIP

15.000 TRY *

- Company logo in the pocket programs handed out to all participants upon registration. (Available to 1 company)
- Company / product advertisement on pocket program back cover.

STAND SPONSORSHIP

45.000 TRY *

- 1 Unit of Stand space: 6m² (2x3 m)
- 1 person free registration

**All below prices are subject to 18% VAT for Turkey based companies. VAT is not included all below prices.*



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Sponsorship Booking Form

COMPANY INFORMATION

Company Name
Adress
City
Country
Telephone
E-mail
Contact Person
E-mail
Telephone

SPONSORSHIP ORDER

#	Sponsorship Type	Amount
1 TRY
2 TRY
3 TRY
	Total TRY
	Date	
	Signature	

Please fill in, sign and return this form to Sponsorship Secretariat (Ethiccon Congress and Event Company)

HOW TO BOOK

Please fill in the exhibition and sponsorship booking form and send it to the Sponsorship Secretariat via e-mail. Ethiccon Congress Event Company will then get back to you with the status of your reservation since bookings are made on a first come first served basis after priority and non-priority companies are booked. Reservations are only confirmed upon receipt of the relevant deposit payment.

TERMS OF PAYMENT

- 50% deposit upon reservation confirmation
- 50% balance by June 7, 2024

The Sponsorship & Exhibition Secretariat will issue a proforma invoice for each payment. All payments should be completed within 2 weeks of receipt of the relevant proforma invoice. The Sponsorship & Exhibition Secretariat will be entitled to cancel bookings if payment is not received within the specified time. All payments made until this time will be forfeited. Payments can be made via bank transfer. All sponsorship fees mentioned herein shall be wired to the bank account of the Sponsorship Secretariat.

CANCELLATION POLICY

All cancellations must be made in writing to the Sponsorship Secretariat by the official contact person of the sponsor.

- Organizers shall retain 10% of the agreed sponsorship fees if cancellation is made before June 7 2024.
- Organizers shall retain 50% of the agreed sponsorship & exhibition fees if cancellation is made between August 15, 2024
- All cancellations made after August 15, 2024 are subject to full payment and no refunds will be made.

ACCOUNT INFORMATION

Account info : ETİK KONGRE ORGANİZASYON DANIŞMANLIK SAN.TİC.LTD. ŞTİ.
Bank Name : AKBANK
Bank Branch : ATAŞEHİR
Bank Address : Atatürk Mh, Ataşehir Blv. No:20, 34758 Ataşehir/İstanbul
SWIFT Code : AKBKTRIS
IBAN / USD : TR62 0004 6007 6703 6000 0847 03



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Contact

Global Migraine and Pain Society

Sümer Mah. Prof. Dr. Turan Güneş Cad. No: 2 Kat: 1 Zeytinburnu / İstanbul
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Esen Akdeniz : +90 533 130 79 17



Registration & Accommodation Secretariat Ethicon Organisation Event Company

Küçükbakkalköy Mah. Dereboyu Cad. No: 3/A
Brandium Avm R5 Blok Daire: 22 Ataşehir / İSTANBUL



National: hande.mustafaoglu@ethicon.com
International: alkim.gur@ethicon.com
www.ethicon.com

Sponsorship & Organisation Secretariat Ethicon Organisation Event Company

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